



# May 2025 COF

**PractiScore Template:** Here is the link for the PractiScore template for this month's COF. This template has all the stages already built for you, if you don't want to create them yourself. [PractiScore Template](#)

**DFAT Range Card:** The DST Precision DFAT allows you to use the rifle and optic to dry fire practice in a very small area such as your garage, living room, or even bedroom. With this adapter most scopes focus in the 11-15 feet range. You can find this month's COF range card here. [DFAT Range Practice Range Card](#)

**COF Designer:** This COF was designed by the daughters and son of Jeramie and Bevin Walker, creators of the Twenty-Two Lima Romeo channel that features the Official NRL22 COF walkthrough. Thank you, young ladies for writing this challenging and unique COF for the entire NRL22 community to enjoy.

If you have questions about the COF please email us [here](#).

**Starting Position:** Unless otherwise stated, starting positions are always standing, rifle at the high ready and all gear in hand, mag in, action open. The high ready position means that the rifle is held by the competitor with the muzzle pointing approximately 45 degrees skyward and towards the downrange targets. If your range has stricter rules on starting positions, make sure to follow your range's rules and regulations.

**Range requirements:** This month's COF will require 3 stacked tires, chair, 2-gal bucket, 6' ladder, 5-gal bucket, 2 stack cinderblocks, rooftop, 55-gal barrel, NRL22 pyramid, a shot timer or stopwatch that can time down to a hundredths of a second, and the NRL22 standard target package. Left over targets: 4", 5", and 6"

**Scoring submissions:** In accordance with the 2025 NRL22 rules, Match Directors are required to submit scores within 7 days of their match concluding. You can submit your NRL22 (5 stages only) scores through the NRL22 website using the PractiScore URL located [HERE](#). If you don't have that ability, then download the NRL22 Scoresheet Submission Spreadsheet from the MD Resources section found [HERE](#). Submit your spreadsheet through the NRL22 website along with the match admin fee which can be found [HERE](#). Keep in mind that only NRL22 members are eligible for prizes and while we have a 7-day grace period for membership, if the prizes are already distributed, it is the competitor's loss.

**Monthly Live Show:** The live show for prizes will happen on **Monday, June 16, 2025**. The show will be streamed through Facebook and YouTube. If you have questions, ask them during the live show and we will answer them for you. Make sure to like, follow, and subscribe to our social media pages and channel.

#### Terms of Use

The use of this course of fire is restricted to personal/individual use; however, the use of this course of fire in a match setting must be operated within the NRL22 rules and is restricted to current NRL22 clubs. The monthly course of fire is a proprietary product of the NRL22. Furthermore, the scores of every competitor at that match must be submitted to the NRL22 regardless of the competitor's membership status. Every competitor is given a 7-day grace period to become a member and claim their score.

# 1. It's Fishin' Time

Time: 120 Sec

Round Count: 12

## Ranges and Targets:

Option 1 – 92 yds: 2" on a single hanger

Target Size(s)	
MOA	MILS
2.1	0.6

**Restrictions:** None

**Points:** 10 points per impact, 120 points possible

**Start Position:** Standing, rifle at the high ready with all gear in hand, mag in, action open.

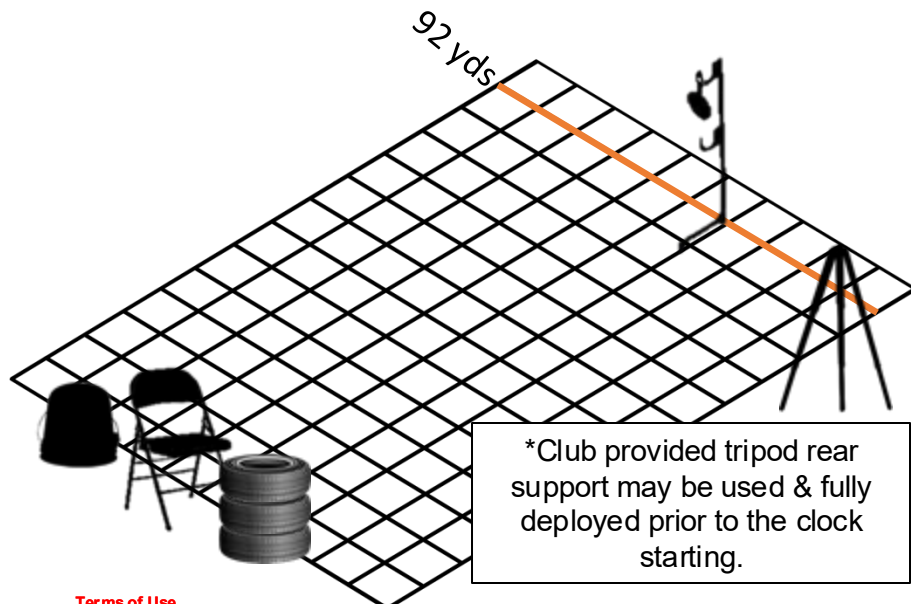
**Description:** On the start signal, engage the target with 3 shots each from all available props and positions. You may select the prop/position order, but all must be used.

Available props & positions are

- Left side of the tire
- Right side of the tire
- Chair seat
- 2-gal bucket

Note: A mandatory mag change must be conducted after the 1<sup>st</sup> shot but before shots 11 & 12. If a mag change is not conducted, then shots 11 & 12 will not count.

**Adaptive Suggestion:** Place the 2-gal bucket and tire on an elevated position such as a bench or 55-gal barrels. Positions will be the left side of the tire, right side of the tire, 2-gal bucket, and then repeat a previously used position. Must move after every 3<sup>rd</sup> shot.



\*Club provided tripod rear support may be used & fully deployed prior to the clock starting.

### Terms of Use

The use of this course of fire is restricted to personal/individual use; however, the use of this course of fire in a match setting must be operated within the NRL22 rules and is restricted to current NRL22 clubs. The monthly course of fire is a proprietary product of the NRL22. Furthermore, the scores of every competitor at that match must be submitted to the NRL22 regardless of the competitor's membership status. Every competitor is given a 7-day grace period to become a member and claim their score.

## 2. Home Improvement

Time: 120 Sec

Round Count: 10

### Ranges and Targets:

- Option 1 – 90 yds 2.5" on a single hanger
- 90 yds 2.5" on a single hanger
- 100 yds: 3" on a double hanger
- 100 yds: 3" on a double hanger

Target Size(s)	
MOA	MILS
2.7	0.8
2.7	0.8
2.9	0.8
2.9	0.8

**Restrictions:** No rung may be repeated

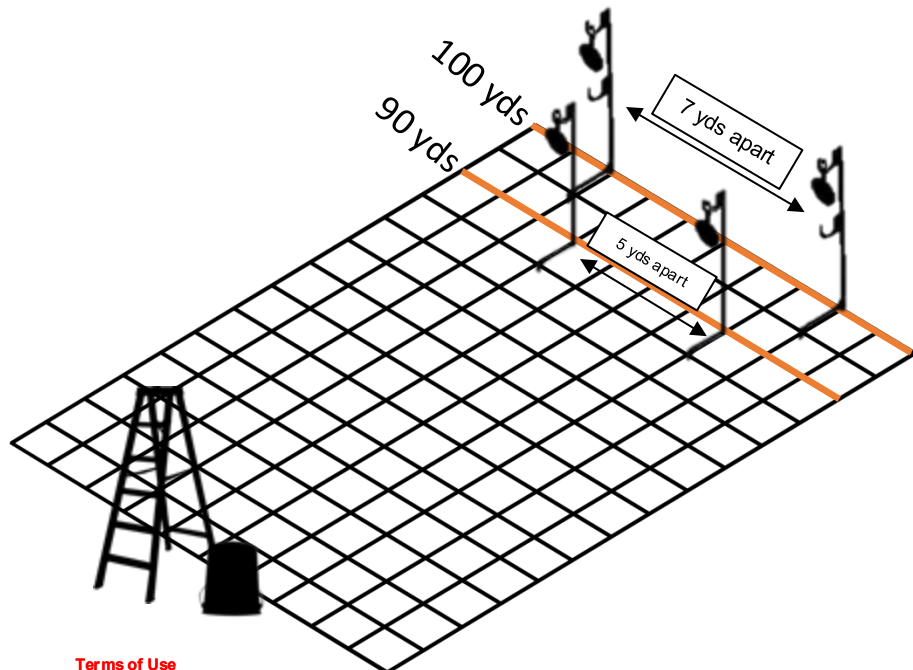
**Points:** 10 points per impact, 100 points possible

**Start Position:** Standing, rifle at the high ready with all gear in hand, mag in, action open.

**Description:** On the start signal, engage the targets in the following order and manner:

- Any rung on the ladder:
  - Near left w/ 2 shots
- 5-gal bucket:
  - Far right w/ 3 shots
- Different ladder rung:
  - Far left w/ 2 shots
- 5-gal bucket:
  - Near right w/ 3 shots

**Adaptive Suggestion:** Use the 2 highest rungs and the 5-gal bucket will be placed on an elevated position.



**Terms of Use**

The use of this course of fire is restricted to personal/individual use; however, the use of this course of fire in a match setting must be operated within the NRL22 rules and is restricted to current NRL22 clubs. The monthly course of fire is a proprietary product of the NRL22. Furthermore, the scores of every competitor at that match must be submitted to the NRL22 regardless of the competitor's membership status. Every competitor is given a 7-day grace period to become a member and claim their score.

# 3. The Bugs Are Back

Time: 120 Sec

Round Count: 10

## Ranges and Targets:

Option 1 – 43 yds: ¼", ½", & ¾" on a KYL rack  
 62 yds: 1" & 1.5" on a double hanger

Target Size(s)	
MOA	MILS
0.6, 1.1, 1.7	0.2, 0.3, 0.5
1.5, 2.3	0.4, 0.7

**Restrictions:** None

**Points:** 10 pts per impact plus 0.1 bonus points per second remaining after the required round count has been fired.

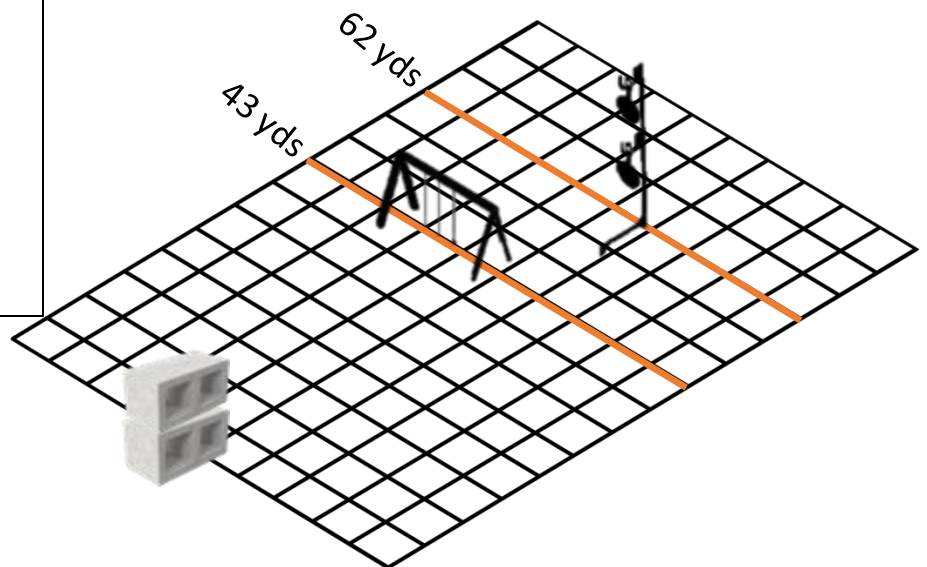
**For the PractiScore NRL22 template, enter the total time elapsed in seconds.**

**Start Position:** Standing, rifle at the high ready with all gear in hand, mag in, action open.

**Description:** On the start signal, engage the targets in the following order and manner:

- Prone: KYL from large to small
- Cinder blocks: Far 2 shots each, large then small
- Prone: KYL from small to large

**Adaptive Suggestion:** Start in position, magazine out, and off glass. Instead of engaging the targets from the cinder blocks, you'll engagement them from support/weak side.



**Terms of Use**

## 4. Rain Barrels

Time: 120 Sec

Round Count: 10

### Ranges and Targets:

Option 1 – 60 yds: 1" on a KYL rack

75 yds: 1.5" & 2" on a double hanger

100 yds: 2.5" & 3" on a double hanger

Target Size(s)	
MOA	MILS
1.6	0.5
1.9, 2.7	0.6, 0.8
2.4, 2.9	0.7, 0.8

**Restrictions:** No bipods. No part of your body or gear may touch the ground nor rooftop supports while on the rooftop.

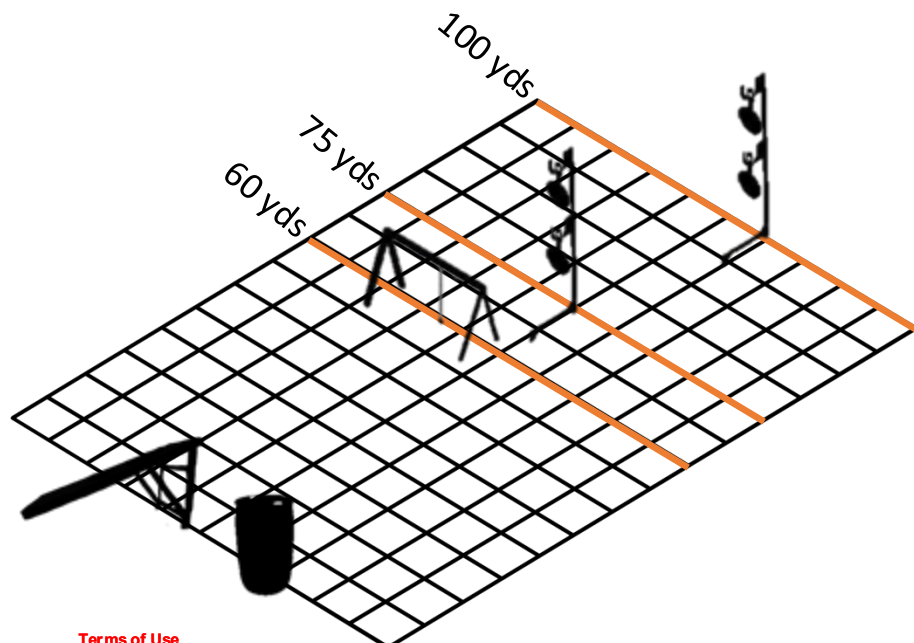
**Points:** 10 points per impact, 100 points possible

**Start Position:** Standing, rifle at the high ready with all gear in hand, mag in, action open.

**Description:** On the start signal, take a position on the 55-gal barrel and engage the targets with 1 shot each from Far to Near, Large to Small.

Then ascend the rooftop and engage the targets with 1 shot each from Near to Far, Small to Large.

**Adaptive Suggestion:** Same target engagement. No requirement to have your entire body on the rooftop.



#### Terms of Use

The use of this course of fire is restricted to personal/individual use; however, the use of this course of fire in a match setting must be operated within the NRL22 rules and is restricted to current NRL22 clubs. The monthly course of fire is a proprietary product of the NRL22. Furthermore, the scores of every competitor at that match must be submitted to the NRL22 regardless of the competitor's membership status. Every competitor is given a 7-day grace period to become a member and claim their score.

## 5. Late Night Campfire

Time: 120 Sec

Round Count: 10

### Ranges and Targets:

Option 1 – 72 yds: 1" on a single hanger

75 yds: 1.5" & 2" on a double hanger

Target Size(s)	
MOA	MILS
1.3	0.4
1.9, 2.5	0.6, 0.7

**Restrictions:** None

**Points:** 10 points per impact, 100 points possible

**Start Position:** Standing, rifle at the high ready with all gear in hand, mag in, action open.

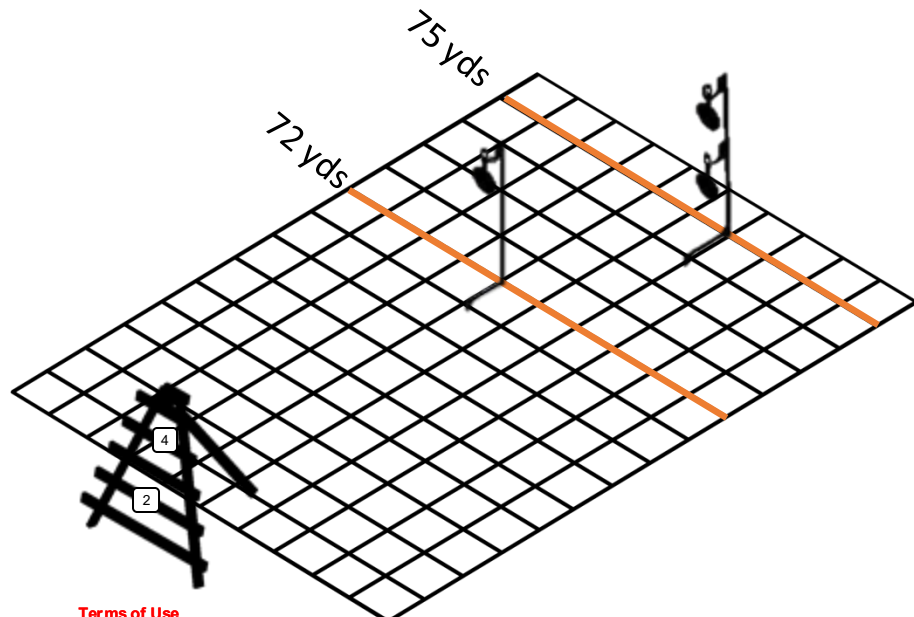
**Description:** On the start signal, engage the targets in the following order and manner:

- Prone: Near w/ 2 shot
- 2<sup>nd</sup> rung Left: Far, small to large
- 4<sup>th</sup> rung Left: Far, small to large
- 4<sup>th</sup> rung right: Far, large to small
- 2<sup>nd</sup> rung right: Far, large to small

Note: If you are unable to reach the 4<sup>th</sup> rung, use the 3<sup>rd</sup> rung.

**Adaptive Suggestion:** Same target engagement. Instead of the 2<sup>nd</sup> rung, you will:

- 4<sup>th</sup> rung left, middle, right, left



#### Terms of Use

The use of this course of fire is restricted to personal/individual use; however, the use of this course of fire in a match setting must be operated within the NRL22 rules and is restricted to current NRL22 clubs. The monthly course of fire is a proprietary product of the NRL22. Furthermore, the scores of every competitor at that match must be submitted to the NRL22 regardless of the competitor's membership status. Every competitor is given a 7-day grace period to become a member and claim their score.

# 6. Get Stable Like It's "Mint" To Be

Time: 120 Sec

Round Count: 10

## Ranges and Targets:

Option 1 – 77 yds: 1.5" & 2.5" on a double hanger

Target Size(s)	
MOA	MILS
1.9, 3.1	0.5, 0.9

**Restrictions:** None

**Points:** 10 points per impact, 100 points possible

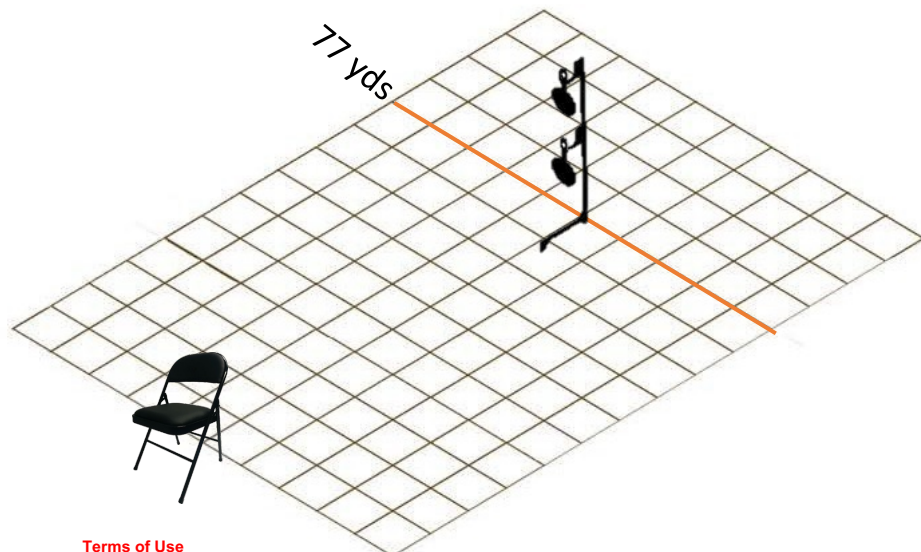
**Start Position:** Standing, rifle and all gear in hand, mag in, action open

**Description:** On the start signal, engage targets with 1 shot in the following order and manner:

- Chair seat – Large, small, small, small, large
- Chair Back – Small, large, large, large, small

Note: The chair will be facing the competitor as pictured

**Adaptive Recommendation:** You will shoot from the 55-gal barrel instead of the chair seat. May use a stool/5-gal bucket to sit on when shooting from the chair back.



**Terms of Use**



## 7. 50 yard KYL

Time: 120 Sec

Round Count: 10

### Ranges and Targets:

Option 1 – 50 yds:

2", 1-3/4", 1-1/2", 1-1/4", 1", 3/4", 1/2", 1/4" on a KYL

**Restrictions:** None

**Points:** 10 points per impact, 100 points possible

**Start Position:** Standing, rifle and all gear in hand, mag in, action open

**Adaptive Recommendation:** Start in position with magazine out and off glass.

**Description:** On the start signal, take a prone position and engage the KYL target with 1 shot from large to small.

Hit to advance. Continue shooting the smallest target for a total of 10 rounds.

